

A Year of SVdP Publicity at St James Cathedral

*on the Cathedral website
&
in the Sunday bulletin*

Oct 1, 2015 – Sept 30, 2016

**Society of St Vincent de Paul
St James Cathedral-BI Rosalie Rendu Conference
Seattle, WA**

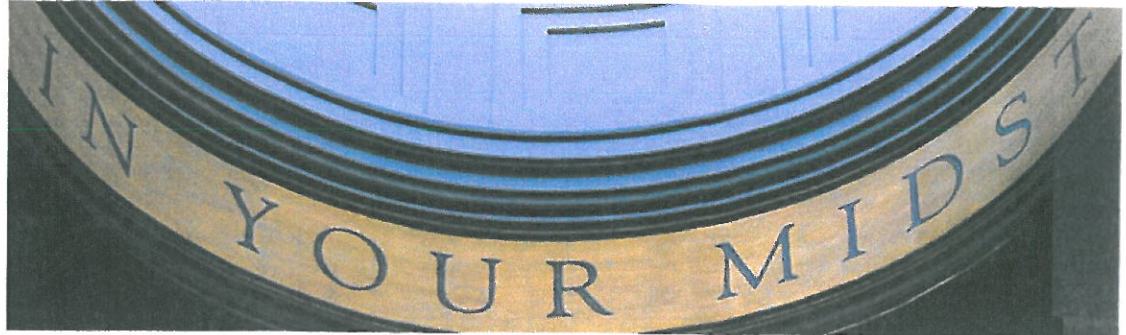
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SVdP ITEMS PUBLISHED ON ST JAMES CATHEDRAL WEBSITE

Oct 1, 2015 – Sept 30, 2016

OUTREACH AND ADVOCACY



I am in your midst as one who serves

These words from the Gospel of Luke, inscribed in the oculus high over the altar of St. James Cathedral, speak to our mission to carry out Christ's teaching in our community. Every day, St. James volunteers reach out in love to the needy of First Hill and Downtown Seattle.

For the latest volunteer opportunities, please send us an [email](#). The list below describes volunteer roles that are always needed.

Ongoing Volunteer Opportunities

CareTeams Volunteers are needed to provide practical and emotional support to people living with HIV/AIDS. A minimum commitment of 3-4 hours per month is required. Please contact Patrick Barredo (pbarredo@stjames-cathedral.org, 206-382-4515) if you are interested.

Sandwich Ministry There is a current need for sandwich ministers on the 2nd Monday of the month. Please contact Patrick Barredo (pbarredo@stjames-cathedral.org, 206-382-4515) if you are interested.

St. Vincent de Paul The St James Cathedral - Bl Rosalie Rendu Conference seeks members who are passionate about serving people on the margins, who can attend meetings on the 2nd and 4th Tuesdays of the month, 6:30pm-8pm, and who can go on home visits 1-3 times per month. Please contact volunteer coordinator Bob Clifford (bobclifford53@gmail.com, 206-718-4158) if you are interested.

Volunteer Chore Services Volunteer Chore Services seeks parishioners who can commit regularly to helping a low-income elderly neighbor with household chores to promote independent living. This can include driving to the grocery store, cleaning, or simply being present to the neighbor. Please contact Patrick Barredo (pbarredo@stjames-cathedral.org, 206-382-4515) if you are interested.

Youth Tutoring Program Catholic Community Services' Youth Tutoring Program needs St. James parishioners to tutor a student year round! Volunteers work with one student, one hour per week, over the course of the year. There are six locations throughout Seattle at various housing complexes. If you are interested in this ministry, please contact Patrick Barredo (pbarredo@stjames-cathedral.org, 206-382-4515).

For General Outreach Questions:

Patrick Barredo
pbarredo@stjames-cathedral.org
206-382-4515

ST. JAMES CATHEDRAL

804 Ninth Avenue
Seattle, Washington 98104
Phone 206-622-3559 Fax 206-622-5303

OUTREACH AND ADVOCACY



Some of the Vincentians of the St James Cathedral - BI Rosalie Rendu Conference

Society of St. Vincent de Paul

*"One cannot avoid the social issues;
precisely because they are formidable
God does not want us to turn them aside.
We must lay a bold hand on the core of poverty."
-Blessed Frédéric Ozanam
Founder of the Society of St. Vincent de Paul*

The St James Cathedral - BI Rosalie Rendu Conference of the Society of St. Vincent de Paul provides information referral, spiritual support, and financial assistance to low-income neighbors through home visits. Vincentians go in pairs to visit the people they serve in their own homes. They also meet twice a month to pray and discuss current cases. This ministry is open to all volunteers over the age of 18 and current volunteers range in age from young adults to those in their 70s. For more information, please contact either the conference's president Barb Schmidt (barbaralschmidt@comcast.net, 206-938-4995) or volunteer coordinator Bob Clifford (bobclifford53@gmail.com, 206-718-4158).

St. Vincent de Paul has been an active ministry at St. James since 1921, a year after the Society's Council of Seattle was established. The Society is guided by the principals of its founder, Frédéric Ozanam, and the teachings of its patron, St. Vincent de Paul. Vincentian volunteers seek to promote the dignity of the person, alleviate suffering, and diminish distress, all while working to correct the conditions that cause them.

The heart of the Society's operations in King County is its conference volunteers. Through its conferences and other volunteer activities, the Society was able to assist more than 56,000 people who were experiencing various emergencies and needed food, shelter, clothing, utilities or rental assistance, furniture and/or medical or other critically needed aid over the past year. St. Vincent de Paul also runs thrift stores, which sell donated items to support the outreach work of the Society. Click [here](#) to visit the Council of Seattle/King County website, where you can find a list of accepted items and a directory of stores. Call 206-767-9975 to arrange for pick up.

The Conference at St. James is able to provide financial assistance to those in need based on the monies donated at the monthly collection, which takes place at all of the Masses on the third Sunday of each month. Please consider donating to the St James Cathedral - BI Rosalie Rendu Conference at one of these Masses or donating to the Council of Seattle by calling 206-767-3835.

If you are looking for assistance from St. Vincent de Paul, please call 206-767-6449.

For General Outreach Questions:

Patrick Barredo
pbarredo@stjames-cathedral.org
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SVdP ITEMS PUBLISHED IN ST JAMES CATHEDRAL BULLETIN

Oct 1, 2015 – Sept 30, 2016

PUBLISHED 10/4/2015: (helpline)

ST VINCENT DE PAUL HELPLINE Facing eviction because you cannot pay rent? Electricity being shut off because you cannot pay your bill? Sleeping on the floor because you cannot afford a bed? Need help paying for basic food, clothing or hygiene items? SVdP helps residents in need. Call the SVdP Helpline, 206-767-6449, Monday through Friday, 8 am to 3 pm.

PUBLISHED 10/11/2015: (feets bottoms)

ST VINCENT DE PAUL SOCIETY THANKS YOU We visited a man in an addiction program and gave rent help. He asked us to pray for him, insisting he was not able to lead the prayer himself. After starting the prayer, we asked if he would like to add anything. Clutching our hands tightly, he burst forth with a passionate prayer for himself, for us and for everyone in his program who struggles with addiction and mental health issues. He ended by asking God to "please bless them all from the tops of their heads to the bottoms of their feet." Your support made this blessed moment possible – thank you! The SVdP Helpline, 206-767-6449, is open Monday through Friday, 8 am to 3 pm.

PUBLISHED 10/25/2015: (quarterly report)

REPORT FROM ST VINCENT DE PAUL Your donations to SVdP allowed our Cathedral Vincentians to make 146 home visits during July, August and September and help 205 low (or no) income residents of St James Parish who struggle to pay for life's necessities, such as rent, electricity, beds, food, clothes and basic hygiene products. That's an average of about 49 home visits and 68 people helped per month. Even more parish residents seek our assistance, but we will need more dollars and more volunteers to make that possible. Please help, if you can! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 11/1/2015: (furniture)

ST VINCENT DE PAUL NEEDS FURNITURE Our furniture inventory is low! SVdP sells all kinds of furniture in our thrift stores to raise money to support SVdP activities throughout King County. We also give basic furniture items to local residents who need but cannot afford to buy them. Most urgently needed are gently used kitchen tables and chairs, dressers, upholstered chairs, recliners, sofas and loveseats. To learn how and where you can donate furniture, call SVdP, 206-767-3835.

PUBLISHED 11/8/2015: (knees)

ST VINCENT DE PAUL SOCIETY THANKS YOU We were running late on an evening of home visits. When we reached our last stop, the woman we met exclaimed with joy that she had just gotten down on her hands and knees and prayed that we had not forgotten her. Just as she finished her prayer, we knocked on her door! We provided food help, but what she needed most was our visit – a few minutes of friendly caring and sharing to relieve her loneliness and offer hope. Your support helps us deliver God's gift of love – thank you! *Information*, Christine Henderson, 253-973-1441

PUBLISHED 11/15/2015 (SVdP special collection): (neighbors)

ST VINCENT DE PAUL SOCIETY THANKS YOU for your donations to the special collection taken for SVdP each month. Without your support, we could not provide material aid to the hundreds of residents of St James parish who call SVdP for help each year. We know that, for many of you, dropping a dollar bill or more in the SVdP collection basket is a sacrifice you willingly make because it is important to you to help your neighbors in need. Please know that every dollar you give makes a tangible difference in someone's life – thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 11/22/2015: (precious things)

ST VINCENT DE PAUL SOCIETY THANKS YOU We visited a man who had just moved into an apartment after being homeless several years. After paying rent, he had little left to live on. He had almost no clothes or other personal belongings, including precious family mementoes, because they were in a storage unit about to be auctioned off for nonpayment of storage fees. With your support, we paid part of the bill and persuaded the storage company to delay the auction long enough for the man to pay the rest himself – thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 12/6/2015: (citizenship)

VINCENT DE PAUL SOCIETY THANKS YOU A young woman who came to the United States as a child spent years saving enough money to pay naturalization fees-required to become a citizen. She had a parttime job, supplemented with income from helping friends and neighbors with pet care. She was about to submit her naturalization application when her income dropped. Suddenly she could not afford rent without using up the money saved toward citizenship. With your support, we provided just enough rent help so she could keep her apartment and become an American citizen shortly before Thanksgiving – thank you! *Information*, Christine Henderson, christinehsvdp@gmail.com.

PUBLISHED 12/13/2015: (Christmas cheer)

ST VINCENT DE PAUL THANKS YOU Many people especially appreciate our visits as Christmas nears. Your financial support helps us pay for necessities like rent, electricity and food. By helping with those bills, we make it a bit easier for loving parents and grandparents who long to give their child or grandchild a small Christmas gift they could not otherwise afford. Thank you for helping us celebrate our savior's birth by spreading Christmas cheer to our neighbors in need! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 12/20/2015 (SVdP special collection): (just a penny)

ST VINCENT DE PAUL SOCIETY THANKS YOU Earlier this month, we visited a middle-aged man dealing with two recent deaths in his family, many serious health issues of his own and multiple bills he could not pay. We gave the modest rent help he requested and then handed him a grocery store gift card as “a little Christmas present.” Surprised, he said we were going to have him in tears, that it could have been “just a penny” and that “there are good people in this world.” Your support helped us touch this man's heart – thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 12/27/2015: (helpline)

ST VINCENT DE PAUL SOCIETY HELPLINE Facing eviction because you cannot pay rent? Electricity being shut off because you cannot pay your bill? Sleeping on the floor because you cannot afford a bed? Need help paying for basic food, clothing or hygiene items? SVdP helps residents in need. Call the SVdP Helpline, 206-767-6449, Monday through Friday, 8 am to 3 pm.

PUBLISHED 1/3/2016: (bacon & eggs)

ST VINCENT DE PAUL SOCIETY THANKS YOU An elderly man called the SVdP Helpline and said he only had a loaf of bread and was hungry. We visited that night and learned he had just moved into his small apartment after being homeless 12 years. He was very excited to show us his new home. When we left, he was heading to the grocery store to spend our food voucher, announcing that the next morning he would cook himself bacon and eggs for the first time in a very long time – thank you for helping this man make a fresh start! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 1/10/2016: (quarterly report)

REPORT FROM ST VINCENT DE PAUL Your SVdP donations allowed our Cathedral Vincentians to make 143 home visits during October, November and December and help 222 low (or no) income residents of St James Parish who struggle to pay for life's necessities, such as rent, electricity, beds, food, clothes and basic hygiene products. That's an average of about 48 home visits and 74 people helped per month. Even more parish residents seek our assistance – please help, if you can! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 1/24/2016: (SVdP special collection) (dot-com)

ST VINCENT DE PAUL THANKS YOU We visited a young couple who recently moved to Seattle. He landed a good job and she enrolled in college. His employer soon downsized and, as “last hired,” he was “first fired.” Without his income, she could not afford tuition and had to drop out of college. Then their savings ran out. They could not pay rent and faced eviction. With your support, we helped pay their rent to keep a roof over their heads until they could both find new jobs – thank you!

PUBLISHED 1/31/2016: (Job)

ST VINCENT DE PAUL THANKS YOU We visited a woman in her mid-30s with the faith and patience of Job: She works two jobs, seeks a third job, raises her own 4 children, cares for children of a relative struggling with addiction, combats debt and credit problems caused by a former husband who took a second wife while still married to her, pays high heating bills because her landlord has not fixed windows that do not close and faces other hardships too many to list. Yet this young woman remains upbeat, thanks to her unshakeable faith that “God will find a way.” With your support, we gave her food help, and she gave us inspiration – thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 2/7/2016: (helpline)

ST VINCENT DE PAUL SOCIETY HELPLINE Facing eviction because you cannot pay rent? Electricity being shut off because you cannot pay your bill? Sleeping on the floor because you cannot afford a bed? Need help paying for basic food, clothing or hygiene items? SVdP helps residents in need. Call the SVdP Helpline, 206-767-6449, Monday through Friday, 8 am to 3 pm.

PUBLISHED 2/14/2016: (anti-theft)

ST VINCENT DE PAUL THANKS YOU Two grandmas take turns caring for several small grandchildren whose parents are incarcerated. One of the grandmas called our Helpline, saying she was tempted to steal from the grocery store to put food on the table. We visited and learned she had almost no cash, no foodstamps and the family had been eating “nothing but beans this week.” We helped with food and other necessities and encouraged her to use free meal programs (including the Cathedral Kitchen) and food banks nearby. Your support of SVdP makes a positive difference in the lives of many poor residents of our parish. Would you like to join us? *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 2/21/2016: (SVdP special collection) (greeters)

ST VINCENT DE PAUL THANKS YOU After every mass this weekend, the ushers will accept your donations to SVdP. After the 10:00 am Sunday mass this weekend, Cathedral Vincentians will stand alongside the ushers as a visible sign of our deep gratitude to all of you – whether you donate to SVdP or simply say an occasional prayer for us and for those we seek to help. Our SVdP group at St James could not exist without your loyal support. Thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 2/28/2016: (serenade)

ST VINCENT DE PAUL THANKS YOU We visited a formerly homeless man and gave him a small rent voucher and a bit of help with groceries. Never having asked SVdP for help before, he was so moved by our visit that he serenaded us with two songs: one he had written about life in low-income housing and the other a beautiful rendition of “Somewhere Over the Rainbow.” Your support made it possible for this grateful man to remind us all that “the dreams that you dare to dream” really can come true – thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 3/6: (no bed)

ST VINCENT DE PAUL THANKS YOU Sometimes we visit people who call our Helpline (206-767-6449; 8am-3pm Monday-Friday) asking for food or clothes or some other type of assistance, but when we arrive at their apartment, we see they have no bed to sleep on or a bed in such bad condition that no one should have to sleep on it. How happy it makes them when we say that SVdP can give them a new bed. Your donations pay for those beds – thank you!

PUBLISHED 3/13 & 3/20/2016 : (Stuff)

MARK YOUR CALENDAR FOR SVdP's “STUFF THE TRUCK” EVENT On Saturday, April 23 (5:00-7:00pm) and Sunday, April 24 (7:30am-7:00pm), a St Vincent de Paul truck will be in the O’Dea parking lot, where Vincentians will accept your gently used clothes, household goods and other items. SVdP will then resell the fruits of your “spring cleaning” through local SVdP thrift stores, with proceeds used to support SVdP activities throughout King County, all of which benefit our neighbors in need. Donations are tax deductible. *Information*, event chair Larry Beyer, 206-234-7438.

PUBLISHED 3/20/2016: (SVdP special collection) : (donors)

ST VINCENT DE PAUL THANKS YOU Every dollar you donate to SVdP at St James Cathedral helps the huge and growing population of low (or no) income people living Downtown, in the International District, Pioneer Square area, on First Hill and Capitol Hill. *Thank you!* And if you (or someone you know) can afford to make periodic or one-time donations larger than what most of us can afford, please contact us. We have dedicated volunteers ready, willing and able to put more money to good use by directly helping the poor in our parish. *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 4/3 & 4/10 & 4/17/2016: (Stuff)

CLEAN YOUR CLOSETS FOR ST VINCENT DE PAUL On Saturday, April 23 (5:00-7:00pm) and Sunday, April 24 (7:30am-7:00pm), an SVdP truck will be in the O’Dea parking lot, where our Cathedral Vincentians will accept your gently used clothes, household goods and other items. After we “Stuff the Truck,” SVdP will resell your donated items through local SVdP thrift stores, with proceeds used to support SVdP activities throughout King County, all of which benefit our neighbors in need. Donations are tax deductible. *Information*, event chair Larry Beyer, 206-234-7438. **[NOTE: In the 4/17/2016 bulletin, the Young Adult Ministry also publicized Stuff the Truck by seeking young adult volunteers to help staff the truck on 4/24.]**

PUBLISHED 4/10/2016: (Blue Dress)

INVITATION FROM ST VINCENT DE PAUL to attend its “Blue Dress Breakfast” on Tuesday, May 10 (7am registration; 7:30am program) at Seattle University Campion Ballroom. Presented by the SVdP Council of Seattle/King County, this annual event raises money to support SVdP activities at St James and throughout King County, all of which benefit our neighbors in need. “Blue Dress” refers to the fashion show during the event, which includes superb fashion that can be found for sale inexpensively at SVdP thrift stores on North Aurora in Seattle, in Burien, Kenmore, Kent and Renton. A donation of \$150 is suggested. RSVP by April 22 to Donna Whitford, 206-767-9975 (ext 1132) or donnaw@svdpseattle.org.

PUBLISHED 5/15/2016: (SVdP special collection): (report)

REPORT FROM ST VINCENT DE PAUL Your SVdP donations allowed our Cathedral Vincentians to make 225 home visits during the first four months of 2016 and help 306 low (or no) income residents of St James Parish who struggle to pay for life's necessities, such as rent, electricity, beds, food, clothes and basic hygiene products. That's an average of 56 home visits and 77 people helped per month. Even more parish residents seek our assistance, but we need more volunteers and more money to help them. Please help us, if you can - thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 5/22/2016: (prayer & joy)

ST VINCENT DE PAUL THANKS YOU A young man called the SVdP Helpline (206-767-6449) needing rent help because his wallet had been stolen. When our two Vincentians visited, he seemed very downcast. We gave him a rent voucher. Usually when we help with rent, it lifts spirits. But he still seemed depressed. We asked, "Is there anything else we can help you with?" He said, "Like what?" We said, "Prayer?" He said, "Yes!" The three of us prayed together, and we could see and feel joy return to his life. Thank you for your financial support, which helps make uplifting visits like this possible. Would you like to be a home visitor? *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 5/29/2016: (referrals)

ST VINCENT DE PAUL THANKS YOU We visited a woman partially disabled 40 years ago by a drunk driver. She now has a life-threatening disease. Unable to work the last few years, she depends on Social Security Disability Insurance for income. Recently Social Security cut off her payments and demanded she return over \$75,000. She called the SVdP Helpline (206-767-6449). When we visited, she looked ill and scared. We gave rent help and referred her to *pro bono* attorneys who (donating their time) might help her appeal the Social Security decision and to a state program for possible income during the appeal. She had not known about such help and was grateful for this ray of hope. Your support made that possible - thank you! *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 6/5/2016: (credit)

ST VINCENT DE PAUL THANKS YOU We visited a middle-aged man at his wit's end over his electricity bill. His monthly usage was less than \$40, and he always paid slightly more than that. But, he said, the balance due kept rising. "See? I owe them over \$220 now! That means I'm more than 5 months behind! How can that be?" We looked at the bill. It showed a "credit balance" of \$220. He had been overpaying (for a long time) and owed nothing. But he did not understand what a "credit balance" is and, thanks to a life lived in poverty, the idea of being "ahead" on his bill never occurred to him. We were all smiling as this conscientious man realized he could take a vacation from paying his bill! Your support makes our visits possible - would you like to join us? *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 6/12/2016: (breakdown)

ST VINCENT DE PAUL THANKS YOU We were asked to help a man who recently had a mental breakdown. He had been homeless for many years. Nearly all his possessions were still in storage and soon to be auctioned off by the storage company for nonpayment of storage fees. Loss of his possessions would have been more than he could handle. We helped pay the storage fees, and a family member arranged to move all the items to another family member's home for safekeeping while the man recovers. Your financial support made this possible - thank you! Would you like to become a "contributing member" of SVdP at the Cathedral? *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 6/26/2016: (Helpline)

ST VINCENT DE PAUL SOCIETY HELPLINE Facing eviction because you cannot pay rent? Electricity being shut off because you cannot pay your bill? Need help paying for basic food, clothing or hygiene items? SVdP helps residents in need. Call the SVdP Helpline, 206-767-6449, Monday through Friday, 8 am to 3 pm. The financial aid our Cathedral Vincentians give is made possible primarily by the special collection at the end of mass on the third weekend of the month - thank you to all who donate!

PUBLISHED 7/3/2016: (lonely)

ST VINCENT DE PAUL THANKS YOU Most people call the SVdP Helpline (206-767-6449) because they need monetary help to pay rent or electricity bills or to buy food, clothes or other necessities. But often when we visit, we learn they are very lonely. Recently, we visited a disabled woman who was standing in her doorway, leaning on her walker as we got off the elevator and headed down the hallway toward her apartment. As soon as she saw us, she called out a hearty hello and then said in a loud voice, "I am so happy to see you because I never have visitors!" It is such a joy and privilege to meet these people where they live and spend a bit of time getting to know them. Would you like to be a home visitor? *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 7/10/2016: (doggy)

ST VINCENT DE PAUL THANKS YOU Sleeping on a dog's bed? That's what we discovered when we visited a middle-aged woman living Downtown who had just come home from a two-week hospital stay and sought our help. She could not afford a bed, and a well-intentioned neighbor had loaned her the "doggy mattress" so she wouldn't have to sleep on the floor. With your financial support, we arranged delivery of a new bed and a clean set of sheets to help this poor woman recuperate – thank you! Would you like to be an SVdP home visitor? *Information*, Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 7/17/2016: (SVdP special collection): (rent hike)

ST VINCENT DE PAUL THANKS YOU We visited an elderly woman who lived in the same Capitol Hill apartment over 20 years, loved it and wanted to stay there the rest of her life. Unfortunately, the building owner hired a new property manager who imposed large rent increases on most tenants. This poor woman's monthly rent was increased 30%, making her apartment too expensive to keep. We could not remove the grief and anger she felt over losing her beloved home. But, with your help, we paid part of her rent so she could avoid eviction while she searched for an affordable apartment – thank you! *Information*, Christine Henderson, christinehsvdp@gmail.com.

PUBLISHED 7/24/2016 (Feast of St James): (quarterly report)

REPORT FROM ST VINCENT DE PAUL Your SVdP donations helped make it possible for our Cathedral Vincentians to do 151 home visits during the months of April, May and June and help 211 low (or no) income residents of St James Parish who struggle to pay for life's necessities, such as rent, electricity, beds, food, clothes and basic hygiene products. That averages over 50 home visits and 70 people helped each month. Even more parish residents call the SVdP Helpline (206-767-6449) but must be turned away because we do not have enough volunteers or enough money. Do you have a few extra dollars you could spare to help poor residents of our parish? Or a few hours you could carve out of your busy life each month to visit our neighbors who are begging us for help? If so, please contact Christine Henderson, 253-973-1441 or christinehsvdp@gmail.com.

PUBLISHED 7/31/2016: (emergency surgery)

ST VINCENT DE PAUL THANKS YOU A Capitol Hill resident needed emergency, life-saving surgery that left him unable to work. He lived on savings as long as he could, but his savings ran out. He applied for governmental assistance but was refused because one of his doctors incorrectly reported an important fact related to his application. With nowhere else to turn, he called the SVdP Helpline (206-767-6449). We visited and helped pay his rent so he would not lose housing while he continues to seek long-term governmental assistance. Your financial support made our help possible – thank you!

PUBLISHED 8/7/2016: (former prisoners)

ST VINCENT DE PAUL WELCOMES YOU Sometimes we visit people who have served prison sentences, sometimes for many years and sometimes for very serious crimes. Many have been homeless. Many have mental illnesses or are in need of significant medical or dental care. In them, we see the face of Jesus. Just like us, they need food, clothing, a roof over their heads and a bed to sleep in. Just like us, they have a God who cares for them and who asks us to care for them, too. They need someone kind to talk with, maybe to share some of their troubles with – someone who will not judge them but will offer compassion and a few encouraging words. Would you like to walk this walk with us? We are always looking for new volunteers. *Information*, Bob Clifford, 206-718-4158 or bobclifford53@gmail.com

PUBLISHED 8/14/2016: (sneakers)

ST VINCENT DE PAUL THANKS YOU We visited a disabled woman who simply needed a new pair of sneakers and nothing more. Suffering from chronic back problems, she walks a lot to stay in the best health possible. Her shoes had worn out, but she could not afford to buy a new pair. With your financial support, we gave her a store voucher that she could exchange for a new pair of sneakers. Thank you for helping this woman take good care of herself! Every dollar you give SVdP in the special collection at the end of mass on the third weekend of the month makes life better for someone in our parish. *Information*, Bob Clifford, 206-718-4158 or bobclifford53@gmail.com

PUBLISHED 8/21/2016: (SVdP special collection) (gunshot)

ST VINCENT DE PAUL THANKS YOU We visited an electrician who recently moved here. Before moving, he was renting a room to a tenant who, when told he would have to move out, got angry, shot and robbed the man. Determined to start a new life, the electrician took a cross-country bus before his gunshot wound healed. After such setbacks, he needed rent assistance while learning computer skills necessary to obtain union employment in our competitive job market, so he called the SVdP Helpline (206-767-6449). Your financial donations helped keep him housed another month – thank you! *Information*, Bob Clifford, 206-718-4158 or bobclifford53@gmail.com

PUBLISHED 8/28/2016:

ST VINCENT DE PAUL NEEDS MORE VOLUNTEERS! Our warm and caring visits to those in need are a blessing for those we help, and for us. Please visit us at the September 11 Ministries Fair or contact Bob Clifford, 206-718-4158 or bobclifford53@gmail.com

PUBLISHED 9/4/2016: *(Frederic)*

ST VINCENT DE PAUL INVITES you to consider becoming a Vincentian! SVdP was started in 1830s Paris when university student Frederic Ozanam (1813-53) and a few of his young adult friends decided to “do” something about poverty rather than just talk about it. Like Vincentians today, they went in pairs to visit the poor in their homes, offering material aid and spiritual comfort. On Tuesday, September 9, we celebrate the feast day of Blessed Frederic, who taught us that the poor are “the sacred images of that God who we do not see.” To learn more, please visit us at the September 11 Ministries Fair or contact Bob Clifford, 206-718-4158 or bobclifford53@gmail.com. **[TYPO: Sept 9 was Friday, not Tuesday]**

PUBLISHED 9/11/2016 - today is St James Ministries Fair: *(volunteer)*

ST VINCENT DE PAUL NEEDS MORE VOLUNTEERS! Do you enjoy meeting people and listening as they tell you about their joys and burdens? Do you want to help the poor in our parish? Do you seek spiritual growth? Can you carve a few hours out of your busy life a few times each month to volunteer? Then consider becoming a Vincentian! Please visit us at our Ministries Fair table after Sunday’s morning masses or contact Bob Clifford, 206-718-4158 or bobclifford53@gmail.com

PUBLISHED 9/18/2016 - week before annual special collection for Solanus Casey Center: *(it takes a village)*

ST VINCENT DE PAUL SOCIETY helps residents of St James parish who need assistance paying for necessities like rent, electricity, beds, clothes, food and hygiene items. We also give referrals to other sources of help that SVdP cannot provide – like the Cathedral Kitchen for our neighbors who have little or no income and hunger for a good meal or the Solanus Casey Center for those who need an ID card to apply for jobs, training programs, governmental assistance, etc. We thank our friends in all the outreach ministries at St James for all they do to help fill the many needs in our parish! For SVdP help, call the SVdP Helpline, 206-767-6449, Monday through Friday, 8 am to 3 pm.

SUBMITTED FOR 9/25/2016 - BUT, FOR THE SECOND YEAR STRAIGHT, NOT PUBLISHED BECAUSE THE BULLETIN WAS OVERSTUFFED WITH EVENT ANNOUNCEMENTS FROM OTHER MINISTRIES WHO WERE GETTING ACTIVE AGAIN AFTER SUMMER SLOWDOWN: *(Vincent)*

DID YOU KNOW THAT THE FEAST OF ST VINCENT DE PAUL (1581-1660) is celebrated on September 27? As a young French priest, Vincent was captured at sea by pirates and sold into slavery in North Africa. Two years later, he returned to France and embarked on a comfortable career as confessor to a rich family. But he could not ignore the great poverty all around. He organized wealthy Parisian women to donate funds to aid the poor, found hospitals and ransom galley slaves from North Africa. Then he started religious congregations for men and women who would devote their lives to helping the poor. Vincent is the patron saint of charitable societies, including the lay Society named after him. Would you like to learn more about becoming a Vincentian at St James? *Information, Bob Clifford at 206-718-4158*

[NOTE: Perhaps add to rewrite of SVdP page on Cathedral website instead of hoping for future bulletin space?]

NEXT PAGES:

- ❖ **Stuff the Truck flyer** was posted in color on the Cathedral website under “Coming Events” for several weeks, but it was published in black & white in the bulletin only one time, on 4/24/2016, which was the weekend of the event. Since we did this event during Lent, we were competing with multiple other Cathedral ministries for space in the bulletin, several of which had flyers of their own.
- ❖ **Blue Dress Breakfast flyer** was posted in color on the Cathedral website under “Coming Events” for several weeks in advance of the 5/10/2016 event, but it never was given space in the bulletin.
- ❖ During Lent, a multi-part series of one-page articles was published in the bulletin on the “**corporal works of mercy,**” with each article focusing on a specific Cathedral ministry that could illustrate one of the corporal works. The last article on “**clothe the naked**” featured the SVdP conference at the Cathedral, although its publication was delayed until 6/19/2016, which was well after Lent. It was posted in color on the Cathedral website and published in the bulletin in black & white.

St Vincent de Paul "Stuff the Truck" at St James Cathedral

April 23 & 24, 2016



Clean Your Closets and Help the Poor!

We want to make donating to St Vincent de Paul as convenient as possible.

Please help us with your Spring closet cleaning.

If you have gently used (resellable) items you no longer need,
bring them to church and help us **Stuff the Truck!**

Your donated items will be sold through local St Vincent de Paul thrift stores,
with proceeds used to support St Vincent de Paul activities
throughout King County, all of which benefit our neighbors in need.

St Vincent de Paul Donation Truck in the O'Dea High School Parking Lot

Saturday, April 23

5:00 pm to 7:00 pm

Sunday, April 24

7:30 am to 7:00 pm

Items We Really Need:

Bedding, clothing, kitchen items, lamps, books,
pictures, household goods and sports gear.

Accepted items are eligible for tax deduction.
(for info, go to www.irs.gov)

Items We Cannot Accept:

No large furniture, please!

Also, we cannot accept anything torn, ripped,
stained, hazardous or poisonous, toilets, large
appliances, car parts, hot water tanks, carpets,
car batteries, construction materials, paint,
air conditioners, etc.



Thank you for your generous support!

To schedule pickup of large furniture throughout the year,
please call St Vincent de Paul at 206-767-3835.

For more information about this event, contact event chair Larry Beyer, 206-234-7438.

YOU'RE INVITED
The 3rd Annual
Blue Dress
BREAKFAST

Tuesday, May 10, 2016

YOU'RE INVITED

St Vincent de Paul of Seattle|King County Presents

THE THIRD ANNUAL BLUE DRESS BREAKFAST

Honorary Chairs Pat Kennedy & Melissa Ries

Tuesday, May 10, 2016

Registration at 7:00am | Program Begins at 7:30am

Seattle University | Campion Ballroom

Complimentary parking at the Archbishop Murphy Garage

Enjoy breakfast and the "Blue Dress" fashion show, which includes superb fashion that can be found for sale inexpensively at SVdP thrift stores on North Aurora in Seattle, in Burien, Kenmore, Kent and Renton. *A donation of \$150 is suggested.*

Your attendance supports the St James community because your donation helps fund many SVdP programs in King County, including the SVdP Helpline (which pre-screens help requests before referring them to parish-based SVdP conferences), case management, social justice advocacy, training and administrative support, fundraising and funding grants to SVdP conferences needing financial aid beyond what parishioners can give.

RSVP BY APRIL 22 TO DONNA WHITFORD

donnaw@svdpseattle.org or 206-767-9975, Ext. 1132

*Please tell Donna you would like to sit at the
St James Cathedral-BI Rosalie Rendu Conference table!*

In the coming weeks, as part of the Year of Mercy, we will explore the Corporal Works of Mercy in a series of essays by Cathedral parishioner Lisa Casterella. The traditional Corporal Works of Mercy are: to feed the hungry; to give drink to the thirsty; to clothe the naked; to harbor the harborless; to visit the sick; to ransom the captive; to bury the dead. What are some of the ways we are living out these works of mercy at St. James Cathedral?

CLOTHE THE NAKED

On a recent weekend, a big red St Vincent de Paul truck sat in the O'Dea parking lot, where our Cathedral Vincentians accepted donations of gently worn clothing and other items—enough to “stuff the truck.” The truck was then driven to one of five local SVdP thrift stores, where items could be sold to support SVdP activities throughout King County. But the story doesn't end there.



Part of the SVdP mission is to “clothe the naked.” Every week, residents of St James parish call the SVdP Helpline (206-767-6449) because they and their children need clothes and other forms of material help. Their requests are forwarded to our Cathedral Vincentians, who then visit in teams of two.

Besides people needing clothes, “we see everything from a mother of three who has just lost her job, to an elderly man with no heat in his apartment, to a veteran who has lost both legs and is sleeping on the floor without a bed,” says Christine Henderson, president of the St James Cathedral-BI Rosalie Rendu Conference of SVdP, a 100% volunteer conference funded mainly by the special collection at the end of mass on the third weekend of the month.

“Every dollar helps,” Christine says. The money is converted by SVdP into vouchers (for example, vouchers that can be redeemed at local SVdP thrift stores for clothing) and gift

cards that our Vincentians give to low-income residents during home visits made in the afternoon or evening on any day of the week, depending on volunteer availability.

“We meet people where they are, in their own place [and we] often feel the presence of God in these encounters,” says Christine with enthusiasm. Beyond helping with the most urgent financial needs, Vincentians simply listen to and have friendly chats with those they visit, who are often lonely and longing for words of encouragement and prayer.

As Jesus said, “The poor you will always have with you,” so the work of our Cathedral Vincentians will never be finished. Would you like to explore volunteering with St Vincent de Paul? Please contact Christine Henderson at 253-973-1441 or christinehsvdp@gmail.com.

Lisa Casterella